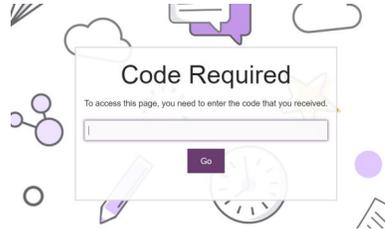


# How to connect for your internet session with Lisa

1) Go to the appointment email you received and scroll down until you see the appointment link. Tap on the link.

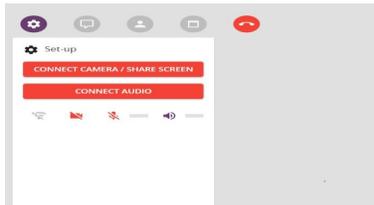


2) Enter the code from the email.

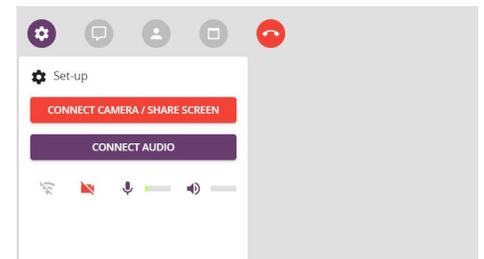


3) Follow the prompts on the screen, enter your name and click "start telehealth" to get to the next screen.

4) On the new screen, click on the connect audio button. A pop up box will appear. Click on "connect" in the lower right of the box.

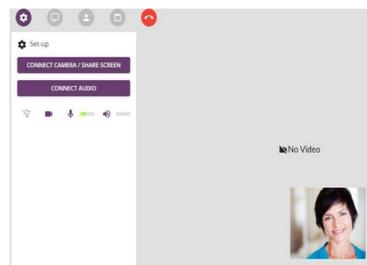


5) Connect your computer's camera by clicking on the "connect camera" button. A pop up box will appear. Click on "connect" in the lower right of the box.

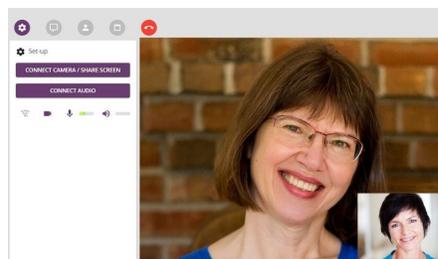


6) If I am not yet on the call, your screen will look like this: Please wait and I will be with you shortly.

If you are not seeing yourself, check to be sure your camera is uncovered.



7) When we're both on the call, your screen will look like this:



If you have problems connecting, call me at 603-387-2622.

I'm looking forward to speaking with you!